

SPORTS MEDICINE SCOPE OF PRACTICE



2015 FAIRFAX WORLD POLICE AND FIRE GAMES

Prepared by

Mark M. Theiss, MD
Sport Medicine Medical Director
2015 Fairfax World Police and Fire Games

-
Chairman, Department of Orthopedics
INOVA Fairfax Hospital Medical Campus
FallsChurch, Virginia

TABLE OF CONTENT

| | |
|--|-----------|
| INTRODUCTION..... | 1 |
| ROLE SUMMARY..... | 1 |
| Physician..... | 1 |
| Physician Assistant or Nurse Practitioner..... | 1 |
| Registered Nurse..... | 1 |
| Licensed Practical Nurse..... | 2 |
| Certified Athletic Trainer..... | 2 |
| KEY TASKS AND RESPONSIBILITIES..... | 3 |
| Physician..... | 3 |
| Physician Assistant or Nurse Practitioner..... | 3 |
| Registered Nurse..... | 4 |
| Licensed Practical Nurse..... | 5 |
| Certified Athletic Trainer..... | 5 |
| EDUCATION, LICENSURE AND TRAINING REQUIREMENTS..... | 7 |
| Physician..... | 7 |
| Physician Assistant or Nurse Practitioner..... | 8 |
| Registered Nurse..... | 9 |
| Licensed Practical Nurse..... | 10 |
| Certified Athletic Trainer..... | 11 |
| REFERENCE..... | 12 |

INTRODUCTION

The World Police and Fire Games is a sports tradition that every two years, brings together thousands of public safety personnel from around the world to compete in an Olympic-style competition awarding 1,600 medals. This summer June 26- July 5, 2015 will attract more than 12,000 athletes representing 70 countries competing in 61 sports in 53 different venues located across the entire National Capital Region. The Games are a not for profit endeavor and medical volunteers (the Fairfax 2015 Medical Team) will provide the highest quality medical coverage for all the participating athletes ensuring the health and safety of not only the athletes but the staff and spectators as well.

The purpose of this policy is to define the scope of practice for each medical professional volunteering in the World Police and Fire Games June 26- July 5, 2015. Given the limitations and expectations of patient care set forth in this document, the Medical Director must ensure, direct, and coordinate care of the athletes with adequate compliance with stringent ethical and medical standards.

ROLE SUMMARY

Physician

Under Medical Director's general supervision, provides direct medical care services within the scope of their specific license, to athletes at a specified event location; performs basic physical examinations, develops basic treatment plans; treats then releases or refers/transfers care of athletes; documents athlete/patient contacts; inventories and stocks medical supplies; and performs related work as required.

Physician Assistant and Nurse Practitioner

Under Medical Director's general supervision, provides direct medical care services within the scope of their specific license, to athletes at a specified event location; performs basic physical examinations, develops basic treatment plans; treats then releases or refers/transfers care of athletes; documents athlete/patient contacts; inventories and stocks medical supplies; and performs related work as required.

Registered Nurse

Under Medical Director's general supervision, provides direct medical care services within the scope of their specific license, to athletes at a specified event location; performs basic physical examinations, develops basic treatment plans; treats then releases or refers/transfers care of athletes; documents athlete/patient contacts; inventories and stocks medical supplies; and performs related work as required.

Licensed Practical Nurse

Under Medical Director's general supervision, provides direct medical care services within the scope of their specific license, to athletes at a specified event location; performs basic physical examinations, develops basic treatment plans; treats then releases or refers/transfers care of athletes; documents athlete/patient contacts; inventories and stocks medical supplies; and performs related work as required.

Athletic Trainer Certified

Under Medical Director's general supervision, provides direct medical care services within the scope of their specific license, to athletes at a specified event location; performs basic physical examinations, develops basic treatment plans; treats then releases or refers/transfers care of athletes; documents athlete/patient contacts; inventories and stocks medical supplies; and performs related work as required.

KEY TASKS AND RESPONSIBILITIES

Physician

- Evaluates athletes complaining of injury or illness and records findings on Athlete Medical Contact forms
- Assesses state of athlete's health by evaluating current signs and symptoms and by obtaining a pertinent medical history
- Treats athletes that have an injury or illness that can be managed by on site equipment and personnel
- Transfers care of sick or injured athletes when personal knowledge or on site equipment provided is insufficient
- Activates the local 9-1-1 system when advanced life support or emergency transport to a hospital is required
- Provides recommendations and guidance to athletes requiring non-emergency medical care beyond what is available on site
- Provides guidance to athletes regarding the prevention of further damage caused by a specific injury or illness
- Refers athletes requiring specialized treatment or care to other health care providers or medical facilities when indicated
- Accurately documents all necessary information on Athlete Medical Contact forms and submits them to the Medical Venue Manager
- Maintains athlete/patient confidentiality at all times
- Communicates medical supply needs to the Medical Venue Manager when supplies are deficient or equipment is not performing properly
- Check-in promptly and check-out
- Wear the official World Police and Fire Games uniform and badge identification during every shift
- Follows all policies and procedures in the Volunteer Code of Conduct Handbook

Physician Assistant and Nurse Practitioner

- Evaluates athletes complaining of injury or illness and records findings on Athlete Medical Contact forms
- Assesses state of athlete's health by evaluating current signs and symptoms and by obtaining a pertinent medical history
- Treats athletes that have an injury or illness that can be managed by on site equipment and personnel
- Transfers care of sick or injured athletes when personal knowledge or on site equipment provided is insufficient
- Activates the local 9-1-1 system when advanced life support or emergency transport to a hospital is required
- Provides recommendations and guidance to athletes requiring non-emergency medical care beyond what is available on site

- Provides guidance to athletes regarding the prevention of further damage caused by a specific injury or illness
- Refers athletes requiring specialized treatment or care to other health care providers or medical facilities
- Accurately documents all necessary information on Athlete Medical Contact forms and submits them to the Medical Venue Manager
- Maintains athlete/patient confidentiality at all times
- Stocks and maintains an appropriate amount of inventory of medical supplies and ensures all equipment is functioning properly
- Communicates medical supply needs to the Medical Venue Manager when supplies are deficient or equipment is not performing properly
- Check-in promptly and check-out
- Wear the official World Police and Fire Games uniform and badge identification during every shift
- Flexibility to perform other duties as directed by the Medical Director
- Follow all policies and procedures in the Volunteer Code of Conduct Handbook

Registered Nurse

- Assesses state of athlete's health by evaluating current signs and symptoms and by obtaining a pertinent medical history
- Treats athletes that have an injury or illness that can be managed by on site equipment and personnel
- Transfers care of sick or injured athletes when personal knowledge or on site equipment provided is insufficient
- Activates the local 9-1-1 system when advanced life support or emergency transport to a hospital is required
- Provides recommendations and guidance to athletes requiring non-emergency medical care beyond what is available on site
- Provides guidance to athletes regarding the prevention of further damage caused by a specific injury or illness
- Refers athletes requiring specialized treatment or care to other health care providers or medical facilities
- Accurately documents all necessary information on Athlete Medical Contact forms and submits them to the Medical Venue Manager
- Maintains athlete/patient confidentiality at all times
- Stocks and maintains an appropriate amount of inventory of medical supplies and ensures all equipment is functioning properly
- Communicates medical supply needs to the Medical Venue Manager when supplies are deficient or equipment is not performing properly

- Check-in promptly and check out
- Wear the official World Police and Fire Games uniform and badge identification during every shift
- Flexibility to perform other duties as directed by the Games Maker Lead
- Follow all policies and procedures in the Volunteer Code of Conduct Handbook

Licensed Practical Nurse

- Assesses state of athlete's health by evaluating current signs and symptoms and by obtaining a pertinent medical history
- Treats athletes that have an injury or illness that can be managed by on site equipment and personnel
- Transfers care of sick or injured athletes when personal knowledge or on site equipment provided is insufficient
- Activates the local 9-1-1 system when advanced life support or emergency transport to a hospital is required
- Provides recommendations and guidance to athletes requiring non-emergency medical care beyond what is available on site
- Provides guidance to athletes regarding the prevention of further damage caused by a specific injury or illness
- Refers athletes requiring specialized treatment or care to other health care providers or medical facilities
- Accurately documents all necessary information on Athlete Medical Contact forms and submits them to the Medical Venue Manager
- Maintains athlete/patient confidentiality at all times
- Stocks and maintains an appropriate amount of inventory of medical supplies and ensures all equipment is functioning properly
- Communicates medical supply needs to the Medical Venue Manager when supplies are deficient or equipment is not performing properly
- Check-in promptly and check out
- Wear the official World Police and Fire Games uniform and badge identification during every shift
- Flexibility to perform other duties as directed by the Games Maker Lead
- Follow all policies and procedures in the Volunteer Code of Conduct Handbook

Athletic Trainer Certified

- Performs preventative care maintenance for competing athletes prior to and after competition
- Treats athletes that have an injury or illness that can be managed by on site equipment and personnel
- Transfers care of sick or injured athletes when personal knowledge or on site equipment provided is insufficient

- Activates the local 9-1-1 system when advanced life support or emergency transport to a hospital is required
- Provides recommendations and guidance to athletes requiring non-emergency medical care beyond what is available on site
- Refers athletes requiring specialized treatment or care to the Fairfax 2015 Athletic Care Clinic in order to consult with a Fairfax 2015 Medical physician or Medical Team staff member
- Provides guidance to athletes regarding the prevention of further damage caused by a specific injury or illness
- Refers athletes requiring specialized treatment or care to other health care providers or medical facilities
- Accurately documents all necessary information on Athlete Medical Contact forms and submits them to the Medical Venue Manager
- Maintains athlete/patient confidentiality at all times
- Stocks and maintains an appropriate amount of inventory of medical supplies and ensures all equipment is functioning properly
- Communicates medical supply needs to the Medical Venue Manager when supplies are deficient or equipment is not performing properly
- Check-in promptly and check out
- Conducts any necessary concussion testing on an injured athlete and maintains the authority to restrict an athlete from play due to such injuries
- Wear the official World Police and Fire Games uniform and badge identification during every shift
- Follow all policies and procedures in the Volunteer Code of Conduct Handbook

EDUCATION, LICENSURE, AND TRAINING REQUIREMENTS

Physician

- Sports Medicine interest preferred
- Excellent customer service, interpersonal and communication skills
- Comfortable and confident engaging with a wide variety of people
- Must be able to stand for an entire shift, possibly outdoors
- Assesses state of athlete's health by evaluating current signs and symptoms and by obtaining a pertinent medical history
- Treats athletes that have an injury or illness that can be managed by on site equipment and personnel
- Provides recommendations and guidance to athletes requiring non-emergency medical care beyond what is available on site.
- Provides guidance to athletes regarding the prevention of further damage caused by a specific injury or illness
- Knowledge of the Fairfax 2015 Medical Group Incident Command System
- Accurately documents all necessary information on Athlete Medical Contact forms and submits them to the Medical Venue Manager
- Maintains athlete/patient confidentiality at all times
- Commitment to deliver the highest level of customer service to all Games participants and guests
- Ability to commit to the Fairfax 2015 World Police and Fire Games as a dedicated and responsible Team member

Licenses and Certifications Required

- Certification in cardiopulmonary resuscitation (CPR) and automatic electronic defibrillation (AED)
- Sports medicine experience preferred
- Medical license granted by the Virginia State Board of Medicine
- Have a malpractice insurance policy in force
- Must successfully complete a criminal background investigation

Training Requirements

- Fairfax 2015 General Training (1 x compulsory session)
- Role and Venue Training (1 x compulsory session)

Physician Assistant and Nurse Practitioner

- Excellent customer service, interpersonal and communication skills
- Comfortable and confident engaging with a wide variety of people
- Must be able to stand for an entire shift, possibly outdoors
- Assesses state of athlete's health by evaluating current signs and symptoms and by obtaining a pertinent medical history
- Treats athletes that have an injury or illness that can be managed by on site equipment and personnel
- Transfers care of sick or injured athletes when personal knowledge or on site equipment provide to be insufficient
- Activates the local 9-1-1 system when advanced life support or emergency transport to a hospital is required
- Provides recommendations and guidance to athletes requiring non-emergency medical care beyond what is available on site.
- Provides guidance to athletes regarding the prevention of further damage caused by a specific injury or illness
- Knowledge of the Fairfax 2015 Medical Group Incident Command System
- Refers athletes requiring specialized treatment or care to other health care providers or medical facilities
- Accurately documents all necessary information on Athlete Medical Contact forms and submits them to the Medical Venue Manager
- Maintains athlete/patient confidentiality at all times
- Communicates medical supply needs to the Medical Venue Manager when supplies are deficient or equipment is not performing properly
- Commitment to deliver the highest level of customer service to all Games participants and guests
- Ability to commit to the Fairfax 2015 World Police and Fire Games as a dedicated and responsible Team member

Licenses and Certifications Required

- Certification in cardiopulmonary resuscitation (CPR) and automatic electronic defibrillation (AED)
- Sports medicine experience preferred
- Certification from the Virginia State Board of Medicine as a Physician Assistant
- Have a malpractice insurance policy in force
- Must successfully complete a criminal background investigation

Training Requirements

- Fairfax 2015 General Training (1 x compulsory session)
- Role and Venue Training (1 x compulsory session)

Registered Nurse

- Excellent customer service, interpersonal and communication skills
- Comfortable and confident engaging with a wide variety of people
- Must be able to stand for an entire shift, possibly outdoors
- Assesses state of athlete's health by evaluating current signs and symptoms and by obtaining a pertinent medical history
- Treats athletes that have an injury or illness that can be managed by on site equipment and personnel
- Transfers care of sick or injured athletes when personal knowledge or on site equipment provide to be insufficient
- Activates the local 9-1-1 system when advanced life support or emergency transport to a hospital is required
- Provides recommendations and guidance to athletes requiring non-emergency medical care beyond what is available on site.
- Provides guidance to athletes regarding the prevention of further damage caused by a specific injury or illness
- Refers athletes requiring specialized treatment or care to other health care providers or medical facilities
- Accurately documents all necessary information on Athlete Medical Contact forms and submits them to the Medical Venue Manager
- Knowledge of the Fairfax 2015 Medical Group Incident Command System
- Maintains athlete/patient confidentiality at all times
- Stocks and maintains an appropriate amount of inventory of medical supplies and ensures all equipment is functioning properly
- Communicates medical supply needs to the Medical Venue Manager when supplies are deficient or equipment is not performing properly
- Commitment to deliver the highest level of customer service to all Games participants and guests
- Ability to commit to the Fairfax 2015 World Police and Fire Games as a dedicated and responsible Team member

Licenses and Certifications Required

- Certification in cardiopulmonary resuscitation (CPR) and automatic electronic defibrillation (AED)
- Emergency medical experience preferred
- Licensure from the Virginia State Board of Nursing as a Nurse (RN)
- Have a malpractice insurance policy in force
- Must successfully complete a criminal background investigation

Training Requirements

- Fairfax 2015 General Training (1 x compulsory session)
- Role and Venue Training (1 x compulsory session)

Licensed Practical Nurse

- Excellent customer service, interpersonal and communication skills
- Comfortable and confident engaging with a wide variety of people
- Must be able to stand for an entire shift, possibly outdoors
- Assesses state of athlete's health by evaluating current signs and symptoms and by obtaining a pertinent medical history
- Treats athletes that have an injury or illness that can be managed by on site equipment and personnel
- Transfers care of sick or injured athletes when personal knowledge or on site equipment provide to be insufficient
- Activates the local 9-1-1 system when advanced life support or emergency transport to a hospital is required
- Provides recommendations and guidance to athletes requiring non-emergency medical care beyond what is available on site.
- Provides guidance to athletes regarding the prevention of further damage caused by a specific injury or illness
- Refers athletes requiring specialized treatment or care to other health care providers or medical facilities
- Accurately documents all necessary information on Athlete Medical Contact forms and submits them to the Medical Venue Manager
- Knowledge of the Fairfax 2015 Medical Group Incident Command System
- Maintains athlete/patient confidentiality at all times
- Stocks and maintains an appropriate amount of inventory of medical supplies and ensures all equipment is functioning properly
- Communicates medical supply needs to the Medical Venue Manager when supplies are deficient or equipment is not performing properly
- Commitment to deliver the highest level of customer service to all Games participants and guests
- Ability to commit to the Fairfax 2015 World Police and Fire Games as a dedicated and responsible Team member

Licenses and Certifications Required

- Certification in cardiopulmonary resuscitation (CPR) and automatic electronic defibrillation (AED)
- Emergency medical experience preferred
- Licensure from the Virginia State Board of Nursing as a Nurse (RN)
- Have a malpractice insurance policy in force
- Must successfully complete a criminal background investigation

Training Requirements

- Fairfax 2015 General Training (1 x compulsory session)
- Role and Venue Training (1 x compulsory session)

Athletic Trainer Certified

- Knowledge of Fairfax 2015 medical equipment and supplies
- Knowledge of various diagnostic procedures
- Knowledge of a variety of basic emergency medical techniques
- Ability to assess medical findings and utilize results to create basic treatment plans
- Ability to understand and follow oral and written instructions
- Ability to remain composed in difficult or stressful situations requiring emergency action, and to make sound decisions promptly under emergency conditions
- Ability to communicate effectively with athletes, Games and Medical Team staff and local emergency personnel
- Knowledge of the Fairfax 2015 Medical Group Incident Command System
- Ability to solve problems and resolve conflicts
- Ability to communicate clearly and concisely
- Ability to understand and follow oral and written instructions
- Comfortable and confident engaging with a wide variety of people
- Must be able to stand for an entire shift, possibly outdoors
- Commitment to deliver the highest level of customer service to all Games participants and guests
- Ability to commit to the Fairfax 2015 World Police and Fire Games as a dedicated and responsible Team member

Licenses and Certifications Required

- Certification in cardiopulmonary resuscitation (CPR) and automatic electronic defibrillation (AED)
- Certification by the National Athletic Trainers' Association Board of Certification (NATABOC)
- Licensure from the Virginia State Board of Medicine or equivalent state agency in good standing
- Have a malpractice insurance policy in force
- Must successfully complete a criminal background investigation

Training Requirements

- Fairfax 2015 General Training (1 x compulsory session)
- Role and Venue Training (1 x compulsory session)

REFERENCE:

United States Olympic Committee (See homepage, <http://www.teamusa.org/About-the-USOC>)

REVIEWED: April 1, 2015

Mark M. Theiss, MD
Sports Medicine Medical Director
2015 FairfaxWorld Police and Fire Games